

C O V E N A N T F I R E
M I N I S T R I E S

THE COVENANT MARRIAGE MASTERY GUIDE

How to Build, Protect and Sustain the God-Ordained Marriage You Have Prayed and Fought For

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"Your freedom is our mission."

A Word Before We Begin

If you have read *Spiritual Spouse* — if you have done the work of that book, prayed those prayers, confronted what needed to be confronted — then something significant has shifted in your life. And I want to begin by acknowledging that.

Not everyone fights. Some people read books like the one you just read and nod along and close the cover and go back to the same life. You did not. You pressed through. You named the thing. You prayed the prayers. You are standing on the other side of a battle that many people in Africa are still losing because they never had the language for what they were fighting.

This guide is written for the morning after. The morning when you wake up and the heaviness is gone and the dreams are quiet — and the next question arrives. The question that deliverance books do not always answer.

Now what? How do you build a marriage that lasts? Not survive one. Not manage one. Build one — from a clean foundation, with open eyes, in the full freedom that Jesus Christ paid for.

I have sat with couples across Africa — in Lagos and Accra and Nairobi and Harare and Johannesburg and Kampala — who were delivered and free and genuinely in love and still watched their marriage struggle because nobody showed them how to build. This book is my attempt to change that.

C H A P T E R O N E

What You Were Actually Designed For

"Why the Enemy Fought So Hard Against Your Love Life"

Let me tell you something about Amara. She was 36. She lived in Lagos. An accountant at a large firm in Victoria Island. She had been through the Spiritual Spouse deliverance process and something had dramatically changed in her sleep and in her spirit. But three months later she sat across from me in a small room in Surulere and said something I have heard many times from people who have just come through deliverance.

"Dr. Grace. I am free. I know I am free. But I am 36. And I am starting to wonder if the years the marine spirit took cannot be recovered. If the love that was supposed to come is now too delayed. If maybe God intended the freedom but not —"

She could not finish the sentence. She just looked at her hands. I want to answer Amara's unfinished sentence. And I want to answer it for everyone who has asked it with their eyes even when their mouth stayed quiet.

|"It is not good for the man to be alone." — **Genesis 2:18**

Before the fall. Before sin. Before marine spirits or soul ties or broken covenants. God looked at a perfect human being in a perfect garden and said — this is not complete. Something is missing. And what was missing was covenant relationship. **Your desire for love is not weakness. It is not desperation. It is the original factory setting — a God-placed longing built into the deepest part of who you are.**

The enemy knows this. He knows that a man and a woman joined in free, delivered, Spirit-led covenant are one of the most dangerous forces against his kingdom that can exist on this African continent. Families rebuilt. Generational patterns broken. Children raised in freedom. Communities transformed. That is why he fought your love life so specifically. Not because you are unfortunate. Because you are significant.

|"I will restore to you the years that the swarming locust has eaten." — **Joel 2:25**

The word in the original Hebrew implies repayment — as a debt that is owed. The enemy created a debt against your timeline. God is the one who settles it. I

have watched women in their late thirties find their covenant partners and build marriages of extraordinary depth. I have watched men in their forties see the cold bedroom in their marriages transformed into the warmth that was always supposed to be there. The years the marine spirit stole were years of preparation. And what God prepared in you during that waiting — the depth, the discernment, the capacity for real love — that is not available to someone who has never fought and won.

◆ P R A Y E R ◆

Father, I receive the word of Joel 2:25 over my life today. Not as a distant promise but as a present reality. I declare that the years the locust ate are being restored — not in the way the enemy stole them but in the way You restore: with interest, with beauty, with purpose. I release every anxiety about my age and my timeline into Your hands. My season has not passed. It has arrived. In Jesus' name. Amen.

C H A P T E R T W O

Recognising Your Covenant Partner

"The Right Person Will Not Confuse You"

In Spiritual Spouse I told you that the marine spirit sends counterfeits. People who look right, sound right, feel right — who carry the same spiritual baggage you just left behind, packaged in a more attractive wrapper. This chapter is about learning to tell the difference. Not through fear. Through discernment.

Chidi's Story — Enugu, Nigeria

Chidi was 34. An engineer from Enugu living in Abuja. He had been through a powerful deliverance experience and six months later he met a woman at a work function. Beautiful. Intelligent. She attended a Pentecostal church. She prayed. She quoted Scripture. Everything on the checklist was ticked. But something kept happening when they prayed together. Something in Chidi went quiet. Not peaceful quiet — empty quiet. Like a signal that had gone dead. He ignored it three times. On the fourth time he brought it to me.

I asked him one question: **"When you are with her — do you feel closer to God or further away?"** Chidi was silent for a long time. Then he said: "Further away. But she says all the right things." She said all the right things. But the Holy Spirit was speaking a different language underneath the words.

The Peace Test — Your Most Important Tool

In every relationship — at every stage — ask yourself one honest question. Not "do I feel excited?" Excitement is easy to manufacture. The enemy is very good at manufacturing excitement. Ask: **"Do I feel peace?"**

| *"Let the peace of Christ rule in your hearts."* — **Colossians 3:15**

The word "rule" in the Greek means "act as umpire." Let peace make the call. Peace in this context is not the absence of butterflies. It is the presence of a settled, deepening assurance that something is right in the spirit. It grows over time rather than fluctuating. It is accompanied by spiritual vitality — you feel closer to God in this person's presence, not further away.

Five Questions to Ask Before Going Deeper

1. When I pray specifically for guidance about this person — does peace increase or decrease?

2. Am I more prayerful and spiritually alive in this relationship, or less?
3. Does this person have genuine community — friends, family, church — who know them well and speak well of them?
4. When this person faces difficulty, do they draw closer to God or do they pull away?
5. Does this person make space for my individual walk with God, or does our relationship crowd it out?

The Ruth Principle — You Are Also Being Seen

In the book of Ruth, Boaz had noticed Ruth before she spoke to him. He had heard about her loyalty to Naomi. He had seen her working faithfully in the field. By the time the conversation happened Boaz already knew who he was dealing with. The principle is this: your covenant partner is not only someone you are looking for. They are someone who is observing who you are becoming.

The faithfulness you are walking in right now — in your work, in your relationships, in the prayer life that no one sees — is building the testimony that will make you recognisable to the person God has prepared. You are not just searching. **You are being seen.**

C H A P T E R T H R E E

Protecting Your Marriage from Counter-Attack

"What the Enemy Will Try After the Breakthrough"

Let me prepare you for something that nobody warns newly delivered couples about. After genuine, real deliverance — the spirit that was evicted will test its former access point. This is the counter-attack. And it always comes.

It comes disguised. Not as a dream figure. As an argument that escalates beyond its natural weight. As a temptation that surfaces unexpectedly. As a coldness between spouses that has no relational explanation. As a dream that feels like the old ones — just once, just briefly, just to test whether the door is still closed. **This counter-attack is not evidence that your deliverance failed. It is evidence that it succeeded.** The spirit is testing. And a test can be passed.

The Three Most Vulnerable Seasons

Season 1 — The First Thirty Days

The first month after deliverance is the most spiritually sensitive. The evicted spirit is actively looking for a re-entry point. Your prayer life must be at its most consistent during this period. Do not reduce what you built during the deliverance week. Increase it. The enemy leaves hoping to find the house empty. Make sure it is full.

Season 2 — After the First Major Conflict

Every marriage has its first serious conflict after deliverance. The enemy will try to use that conflict as an emotional door. Elevated anger, unforgiveness, or resentment is a legal opening. When the conflict comes — and it will — pray together before it becomes something else. Do not let the sun go down on unaddressed tension. Ephesians 4:26 is not poetry. It is a spiritual defence strategy.

Season 3 — When Life Gets Busy

Spiritual discipline tends to decay quietly. Not in one dramatic decision. In a hundred small ones. The morning prayer that became five minutes. The worship music that stopped playing. The Bible that moved from the bedside to

the shelf. By the time most couples notice the drift it has already opened a crack the enemy is watching. Build the habit before you need it. Maintain it when you do not feel like it. The discipline you keep on good days is the weapon you have on bad ones.

◆ P R A Y E R ◆

Father, we declare our home and our marriage a spiritually protected territory. We stand against every counter-attack the enemy sends against what You have restored. We bind every spirit of division, every marine spirit that tests its former access point, every attempt to re-enter what the blood of Jesus closed. We declare: this door is sealed. By the blood of Christ. Permanently. And we commit today to maintaining the disciplines that keep it sealed. Prayer. Worship. The Word. Forgiveness. Community. We will not give the enemy the empty house. In Jesus' name. Amen.

C H A P T E R F O U R

The Seven Foundations of a Marriage That Lasts

"What Delivered Couples Build That Others Cannot"

A covenant marriage is not a perfect marriage. It is a real one. Two delivered people who have fought and won bringing their full, unoccupied, uncontaminated selves to each other. And then doing the daily work of building something that reflects God's covenant faithfulness.

Here are the seven foundations I have seen in every marriage that not only survives but thrives across the African families I have walked with over twenty years.

Foundation 1 — The Altar

A couple who prays together specifically and consistently is one the enemy cannot easily dismantle. Not general blessing prayers. Specific prayers over specific areas. Matthew 18:19 is not a nice idea. It is a weapon. **Ten minutes of joint, targeted prayer every day does more to protect a marriage than any other single discipline.** Start tomorrow morning. Do not wait for the right time. The right time is now.

Foundation 2 — Radical Honesty

The marine spirit thrived in silence. It fed on what could not be said. A covenant marriage must be a space where the truth can be spoken — about fears, failures, temptations, needs. Not performing strength to impress each other. Actually knowing each other. The intimacy of being fully known and fully accepted is the most powerful counter-force to everything the marine spirit offered as counterfeit.

Foundation 3 — Forgiveness as a Practice

Not a single act. A daily discipline. Marriages do not break down in one argument. They erode in the accumulation of small unforgivenesses that were never fully released. The spirit of unforgiveness is one of the marine spirit's preferred re-entry tools. Do not give it raw material to work with. Forgive quickly. Forgive specifically. Forgive before the resentment takes root.

Foundation 4 — Protecting the Bedroom

The bedroom is the most spiritually significant room in your home. It was the primary access point for what you just evicted. It must be actively consecrated and consistently guarded. Anoint it monthly. Pray together in it. Guard what media, what conversations, what emotional content enters that room. The atmosphere you build there is the atmosphere you sleep in.

Foundation 5 — Community and Covering

Isolation is where the marine spirit preferred to work. A marriage without community is a marriage without accountability. Find a pastor or elder who knows your story. Build genuine friendships with other delivered, married believers. Let people close enough to notice if something shifts. This is not weakness. This is the wisdom of Ecclesiastes 4:12 — a cord of three strands is not quickly broken.

Foundation 6 — Renewing the Mind Together

The thought life is the last battlefield. Even after physical and emotional freedom, the patterns of thinking that the marine spirit established may need deliberate replacement. Read Scripture together. Listen to teaching together. Discuss what God is saying to you individually and as a couple. The transformed mind of Romans 12:2 is not an individual achievement — it is a joint project in a covenant marriage.

Foundation 7 — Speaking Life Over Each Other Daily

| *"The tongue has the power of life and death."* — **Proverbs 18:21**

What you say about your spouse to others. What you say about your marriage to yourself. What you say to each other in the ordinary moments of an ordinary day. These words have spiritual weight. The marine spirit used your words against you — the vows you spoke in pain, the agreements you made in hopelessness. Your covenant is now built on different words. Choose them carefully. Speak life. Every day. Without exception.

C H A P T E R F I V E

Restoring a Marriage Already Under Attack

"When Deliverance Comes Into a Marriage That Has Already Been Damaged"

Some of you reading this are not building a new marriage. You are rebuilding one that the marine spirit has been attacking for years. The coldness has been there for a long time. Walls have been built. Words have been said that left marks. Distance has become comfortable. You are not starting from a clean foundation. You are starting from a damaged one.

I want to talk to Kamau and Wanjiku for a moment.

Kamau was 38. Wanjiku was 35. Married for seven years in Nairobi. Both born again. Both praying. But their marriage had a shadow in it from the beginning that neither of them could name. By the time they came to me they had been in marriage counselling twice. The counsellors found nothing dramatically wrong. They were emotionally healthy people who genuinely loved each other. And yet something was always between them.

After the deliverance the shadow lifted. But the seven years of living in the shadow had left patterns between them. Wanjiku still flinched sometimes when Kamau came close — a reflexive response to seven years of spiritual coldness. Kamau still held back emotionally in ways he did not fully understand. The spirit was gone. But the scar tissue remained.

Deliverance removes the cause. Restoration heals the effects. Both are necessary. Neither happens automatically.

The Four Practices of Marriage Restoration

Practice 1 — Spoken Forgiveness

This must be spoken aloud between spouses. Not assumed. Not implied. Spoken. **"I forgive you for those years of coldness. I forgive you for the distance. I forgive you for what happened when neither of us understood what was fighting us."** Spoken forgiveness creates a specific moment — a before and after — that both people can return to when the enemy tries to use the past as a weapon.

Practice 2 — Rebuilding Physical Tenderness Slowly

Physical intimacy in a marriage that has been cold requires patient rebuilding rather than simply resuming. Begin not in the bedroom but in the rest of the relationship. Small acts of non-sexual physical tenderness during the day — holding hands, a brief touch as you pass each other, sitting close — rebuild the physical language of the relationship that the marriage spirit disrupted. Patience here is not weakness. It is wisdom.

Practice 3 — The Twenty-Minute Rule

Twenty minutes every day of genuine, undistracted, phone-free conversation about something other than logistics. Not the children's school fees. Not household management. Each other. What you feel. What you hope for. What made you laugh today. What you are afraid of. Twenty minutes. Every day. Without fail. This single discipline has rebuilt more marriages than any single prayer I have ever prayed over a couple.

Practice 4 — The Monthly Covenant Renewal

Once a month, on a date you choose together: anoint your bedroom, pray together the consecration prayer, speak Joel 2:25 over your marriage, and remind each other of what you have come through. Covenant renewal is not a church ceremony. It is a private, intentional act of choosing each other again — with full knowledge of everything you have fought and everything you have won.

C H A P T E R S I X

When Your Spouse Has Not Yet Been Delivered

"How to Pray, Wait, and Not Lose Yourself in the Process"

This is a chapter for the person who bought this book alone. Whose spouse does not know they bought it. Or whose spouse acknowledges the problem but is not yet ready to fight. Or whose spouse does not believe any of this is real.

Let me speak to you directly. What you are doing is not futile. The prayers you pray alone over your marriage carry more weight than you know. The consecration you do privately changes the atmosphere of your home even when your spouse does not participate. God honours the faith of one person on behalf of two.

"They may be won over without words by the behaviour of their wives." —
1 Peter 3:1

The same principle works in both directions. A delivered husband whose prayers cover his home creates a spiritual environment that his undelivered wife cannot fully resist. A delivered wife whose intercession rises daily over her marriage creates an atmosphere the enemy cannot maintain forever.

What Not to Do

- **Do not force the conversation** before your spouse is ready. Premature pressure creates resistance. Let God prepare the ground.
- **Do not weaponise this book** — do not use its content as ammunition in arguments or as proof that your spouse is demonically controlled. That approach closes doors.
- **Do not make your freedom contingent on theirs.** Walk in your own deliverance fully. Live like the free person you are. Your freedom is not on hold waiting for your spouse's.
- **Do not neglect your own spiritual life** while focusing entirely on interceding for them. You cannot pour from an empty vessel.

What to Do

- Pray the prayers from this guide over your spouse by name every day
- Anoint your home monthly in private — the door frames, the bedroom, the living spaces
- Fast one day per week specifically for your spouse's spiritual breakthrough

- Build your own spiritual life into something so evidently alive that your spouse is drawn toward what you carry
- Trust the timeline to God. He has not forgotten your spouse. He is working.

◆ P R A Y E R ◆

Father, I pray today for my spouse. I pray that You open their eyes to what has been operating against our marriage. Not through my words — through Your Spirit. Every resistance in them to spiritual truth — soften it. Every deception that keeps them from seeing clearly — remove it. Every fear that makes them dismiss what they need to confront — replace it with courage. I declare freedom over my spouse in the name of Jesus Christ. I declare that our marriage will be whole — both of us free, both of us fighting together. I am praying until I see it. In Jesus' name. Amen.

A Final Word

You read a book about deliverance. And then you read this one about what to do with your freedom. That combination is rare. Most people receive a breakthrough and do not know how to build on it. You are not most people. You have the language now. You have the tools. You have the prayers.

Build something. Intentionally. Consistently. With faith. The marriage God designed for you — the one the enemy spent years trying to prevent from existing — is not a destination you arrive at. It is something you build, every day, with the person God prepared you for.

Build it like your children's future depends on it. Because it does.

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